

## Packing list – a recommendation

Due to individual needs the packing list will never be perfect.  
 This checklist is just a recommendation for the most important items.

Travel bag(s)	
Item	Remark
<input type="checkbox"/> Travel bag	Big suitcases are not a good idea. These should be unpacked and stored in the car. Space on the boat is rare, better use it for items you really need.
<input type="checkbox"/> Daypack, rucksack	For day trips and shopping

Clothes / Hygiene	
Item	Remark
<input type="checkbox"/> Shoes	Please don't use shoes which colour the boat
<input type="checkbox"/> Swim shoes	To protect your feet from stones and urchins
<input type="checkbox"/> Flip-Flops	Useful for taking a shower (also on land)
<input type="checkbox"/> Street shoes	
<input type="checkbox"/> Long sleeve	
<input type="checkbox"/> Cardigan	For cooler evenings (especially in autumn and spring)
<input type="checkbox"/> T-Shirts	
<input type="checkbox"/> Beach -T-Shirts / light T-Shirts	Comfy for wearing above the swimwear
<input type="checkbox"/> Swimwear	
<input type="checkbox"/> Underwear	
<input type="checkbox"/> Socks	
<input type="checkbox"/> Shorts, skirts	
<input type="checkbox"/> Trousers, jeans	
<input type="checkbox"/> Sweatpants	For cooler evenings (especially in autumn and spring)
<input type="checkbox"/> (Softshell-)Jacket / rain jacket	Waterproof and thin jacket for splashing water
<input type="checkbox"/> Rain trousers	If available, not necessary
<input type="checkbox"/> Bad weather clothes	Just in case, but hopefully not during your holiday ;)
<input type="checkbox"/> Pyjama	
<input type="checkbox"/> Sun glasses	
<input type="checkbox"/> 2nd glasses / contact lenses (incl. supplies)	If available, not necessary
<input type="checkbox"/> Back up bound	Just in case
<input type="checkbox"/> Headgear	
<input type="checkbox"/> Bath towels	For the salty water
<input type="checkbox"/> Towels	Using after the shower
<input type="checkbox"/> Washbag	
<input type="checkbox"/> Tooth brush and tooth paste	
<input type="checkbox"/> Deodorant	
<input type="checkbox"/> Shampoo	
<input type="checkbox"/> Hair brush	
<input type="checkbox"/> Hair dryer	220 V only at the marina, not on board (if there is the opportunity at the marina) available.
<input type="checkbox"/> Shaver	
<input type="checkbox"/> Showering gel	
<input type="checkbox"/> Ohropax	If there is the suspicion you need a pair ;-)
<input type="checkbox"/> Sun blocker / After Sun Lotion	Water proof and with a high sun protection factor, especially during the sailing. Due to the wind the power of the sun gets underestimated. oil and fatty lotion are not recommended due to danger of sliding
<input type="checkbox"/> Scarf / hood	Advisable! Especially for women to prevent colds if you stay in a bay overnight and there is an electricity for a hair dryer (spring and autumn)

First aid kit	
Item	Remark
<input type="checkbox"/> Travel chewing gums	Is also helpful against sea sickness. Superpep is the most common one.
<input type="checkbox"/> Anti-diarrhoea agent	e.g.: Imodium akut

First aid kit	
Item	Remark
<input type="checkbox"/> Plaster	waterproof
<input type="checkbox"/> Personal first aid kit	Medicine for yourself
<input type="checkbox"/> Ethanethiol B6	For those of you who are getting easily sea sickness or never have been on a long boat trip
<input type="checkbox"/> Anti-mosquito spray	
<input type="checkbox"/> After sun lotion	
<input type="checkbox"/> Treatment for lip herpes	
<input type="checkbox"/> Ear drops	
<input type="checkbox"/> Eye drops	
<input type="checkbox"/> Throat lozenge against sore throat	

(possible) Items	
Item	Remark
<input type="checkbox"/> Smartphone	
<input type="checkbox"/> Camera	
<input type="checkbox"/> EBooks-Reader / Books / plays / puzzle book	
<input type="checkbox"/> Tablet	
<input type="checkbox"/> USB-charging cable	
<input type="checkbox"/> CD's / Mp3-Player	
<input type="checkbox"/> Snorkel	
<input type="checkbox"/> Diving googles	
<input type="checkbox"/> Finny	
<input type="checkbox"/> Writing stuff	
<input type="checkbox"/> Sleeping bag	If you need one for sleeping on deck, bed linen is included in the price and is on board. Be careful with down, they are sensitive to moisture
<input type="checkbox"/> Music instrument	
<input type="checkbox"/> Fishing rod	Attention! Fishing without permission can be very expensive! You need a fishing licence. For getting this license you need to go the any travel agency on the adria coast with your ID card. For further information, please ask at the marina.
<input type="checkbox"/> Umbrella	
<input type="checkbox"/> Torch (also for forehead)	
<input type="checkbox"/> 2 <sup>nd</sup> batteries	

Documents	
Item	Remark
<input type="checkbox"/> Passport / ID card/ Visa	
<input type="checkbox"/> Debit card	
<input type="checkbox"/> Credit card	If available, advisable
<input type="checkbox"/> E-Card	
<input type="checkbox"/> A copy of the vaccination record	Eventually
<input type="checkbox"/> Driving licence	
<input type="checkbox"/> Green insurance card	Car clubs recommend taking them with you
<input type="checkbox"/> Travel documents	Flight tickets, charting documents
<input type="checkbox"/> Water activity permission	If available, advisable
<input type="checkbox"/> Guidebook	

Everything is organised at home? Your pets are at a friend's house? The newspaper is paused? Nothing to eat in the fridge? Tour information was send to your family or your friends?  
 Than the whole Atoll Comfort Sailing Team wishes a pleasant stay and a well-earned holiday!